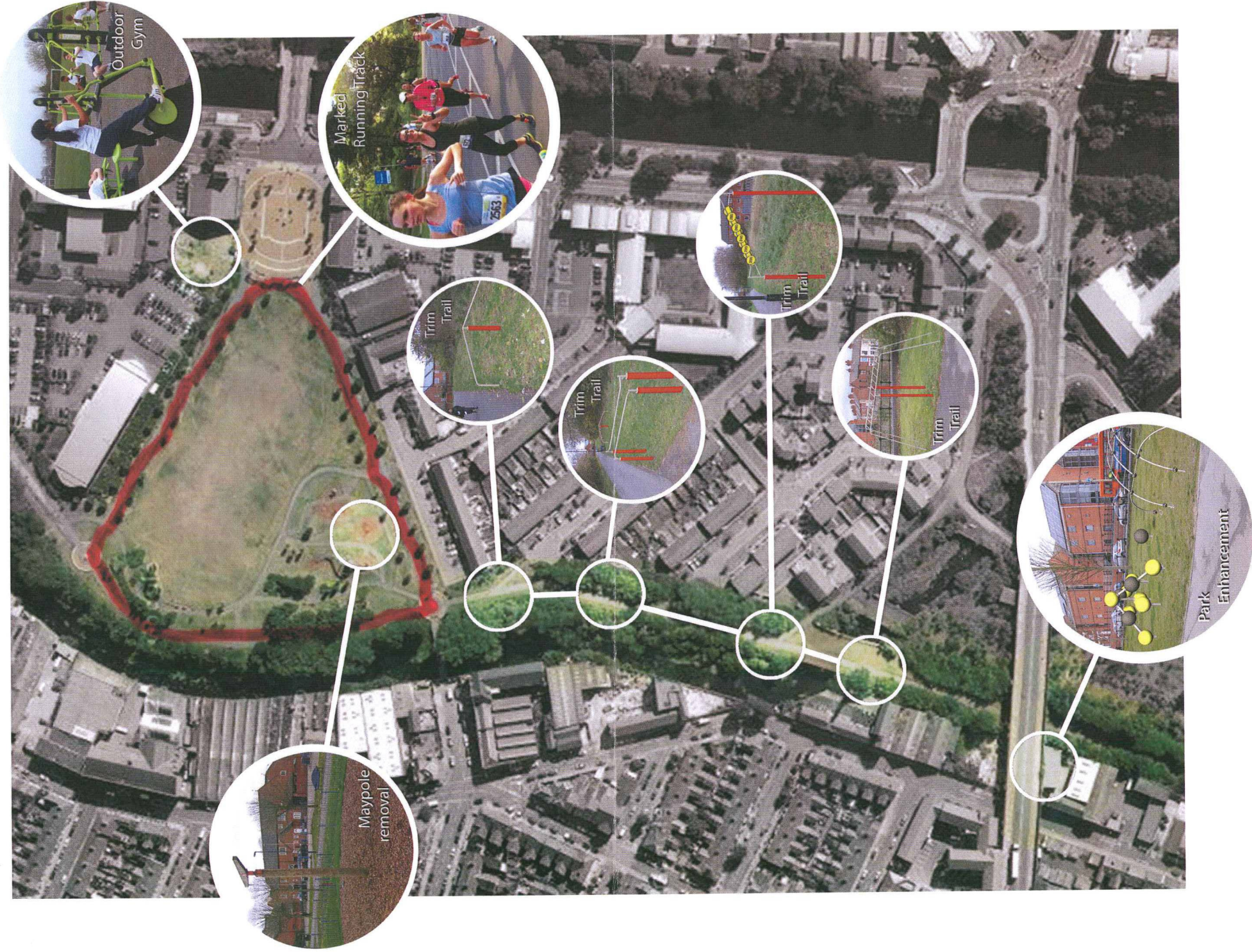


Bede Park and Great Central Way - Enhancement Options



Bede Park Outdoor Gym

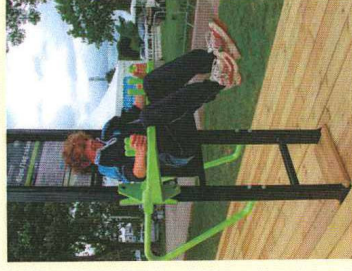
Strength zone



Leg press



Shoulder press/lateral pull down



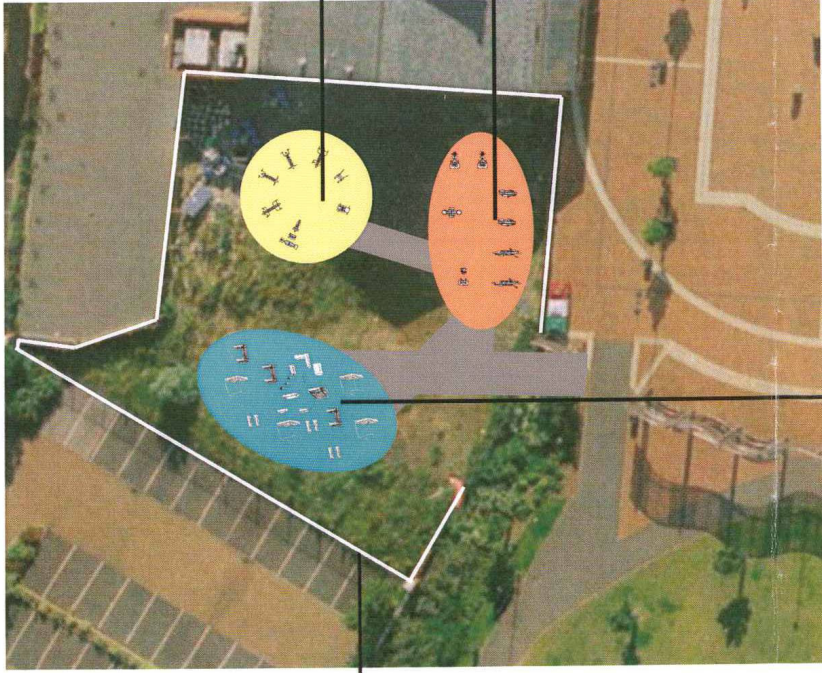
Dips/ leg raise



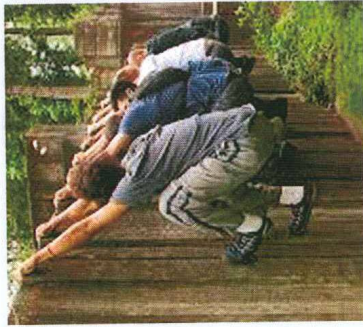
Bench



Pull up/assisted pull up



Parkour zone



Climbing walls



Monkey bars

Cardio zone



Recumbent bike



Oblique



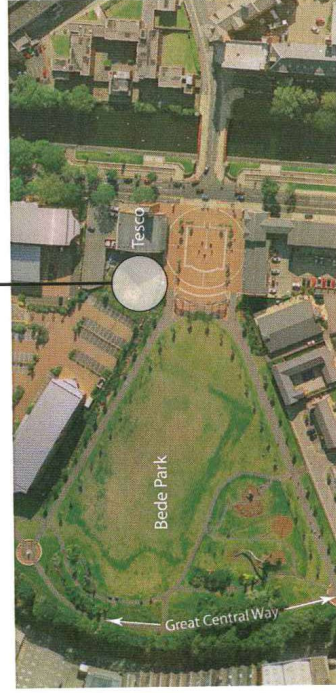
Fitness bike



Ski machine



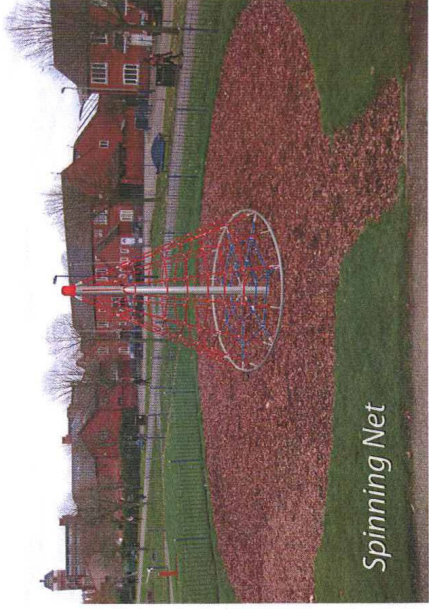
Cross trainer



Bede Park- Maypole replacement options



Current Maypole



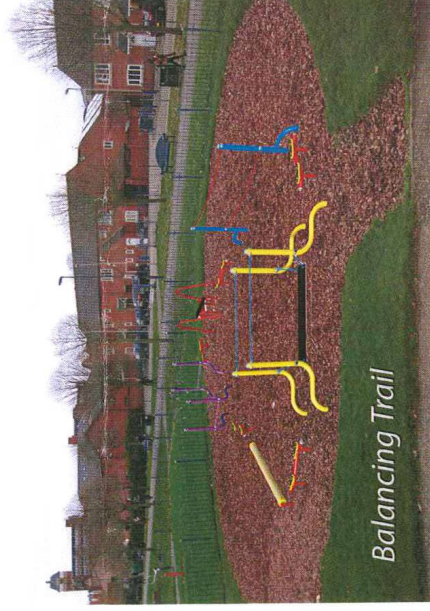
Spinning Net



Climbing Frame



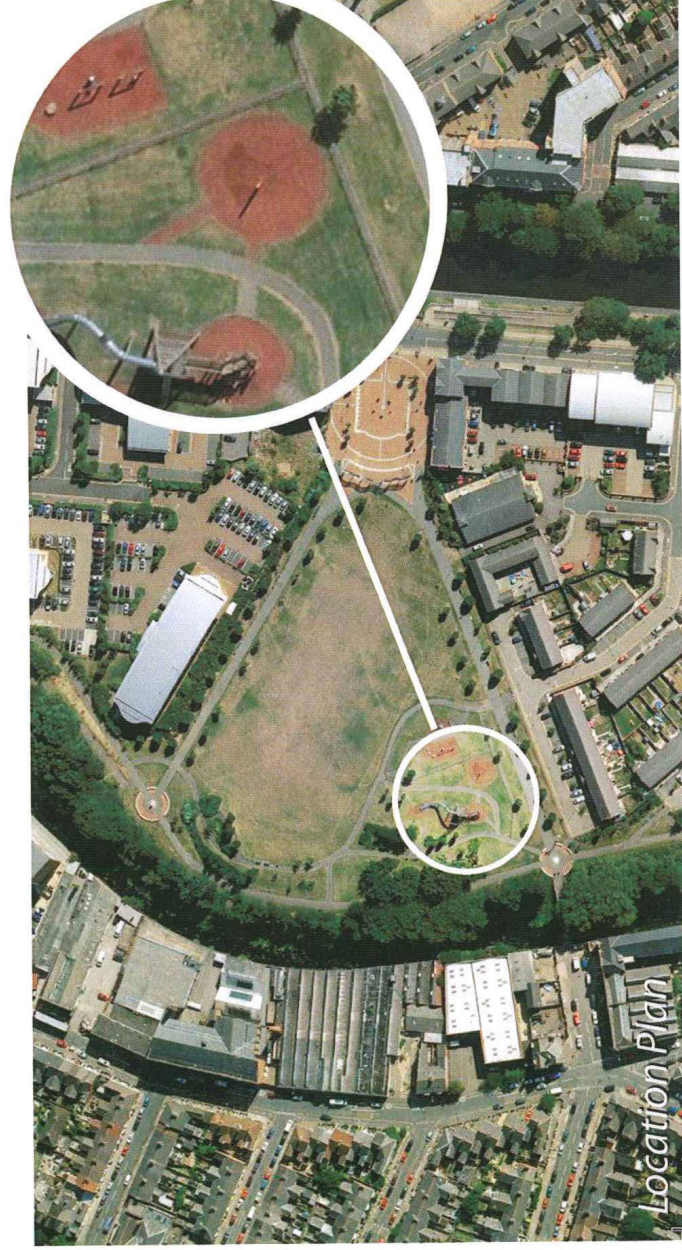
Roundabout



Balancing Trail



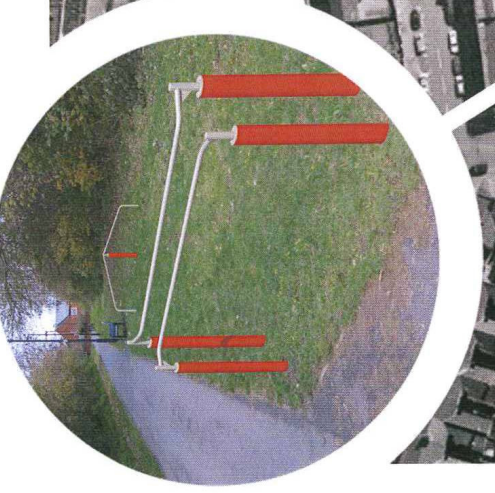
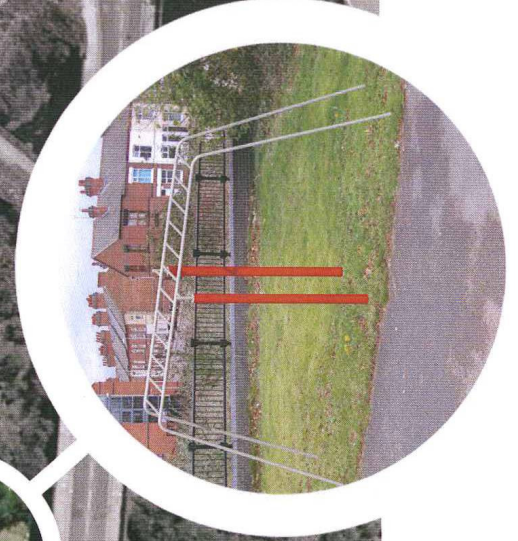
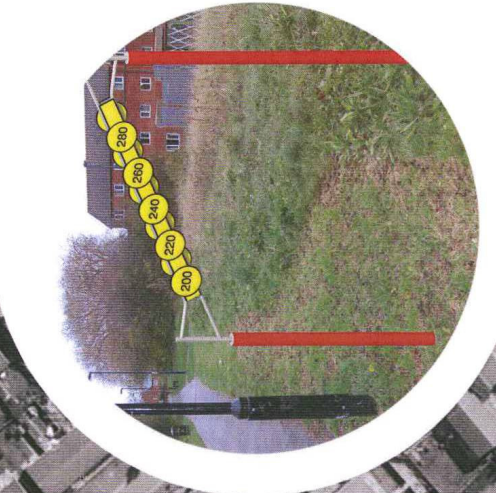
Combination Climber



Location Plan

Trim Trail

Great Central Way

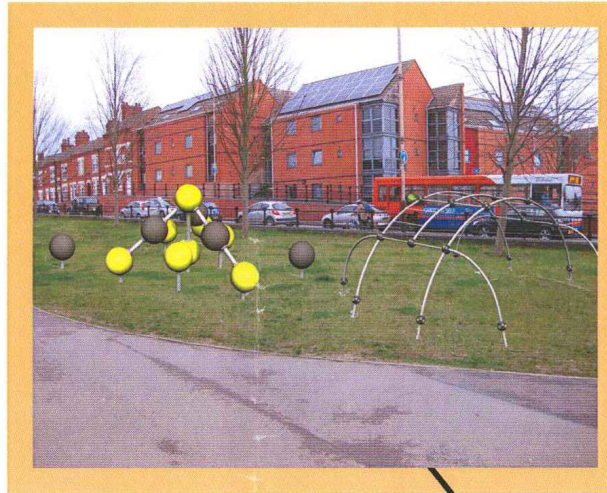


Upperton Road Park - Options

Kids play area



Parkour area



Outdoor gym area

